

SELECTIVE MUTISM PARENT TRAINING THERAPY GROUP

6 professional-led sessions targeting what you need to know to get started supporting your child with Selective Mutism. These sessions are restricted to 6 attendees to enable interaction and questions with the therapists on each topic. All sessions are recorded for later viewing as required.



Weekly group, parent only sessions, via zoom, led by Selective Mutism treating professionals Danielle Cottam and Ceri Dermody targeting:



UNDERSTANDING OF SELECTIVE MUTISM (SM) WHAT YOU NEED TO KNOW – WHAT IT IS, WHY IT HAPPENS, HOW IT CAN PRESENT DAY-TO-DAY.



PHRASING AND SCRIPTS FOR HOW TO DISCUSS SM WITH YOUR CHILD AND OTHERS



AWARENESS OF INFORMAL STRATEGIES TO FACILITATE COMMUNICATION



AN UNDERSTANDING OF THE COMPONENTS REQUIRED FOR A SMALL-STEPS TOWARDS TALKING PROGRAMME



OPPORTUNITY FOR INFORMATION PROVISION AND STRATEGY DISCUSSION WITH A TREATING PROFESSIONAL IN THE FIELD OF SELECTIVE MUTISM



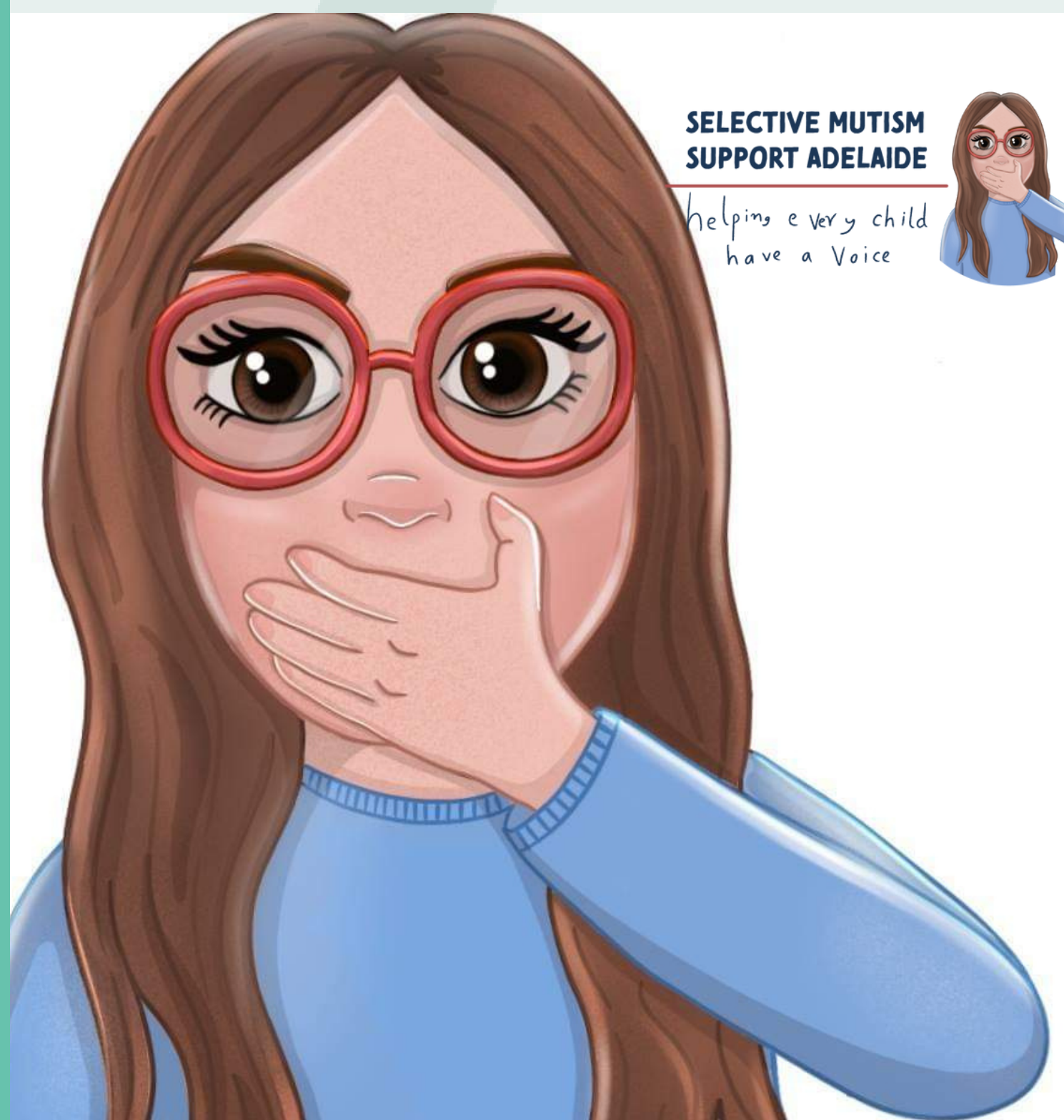
ACCESS TO A NETWORK OF PARENTS ON A SIMILAR JOURNEY



SMWA
Selective Mutism WA

**SELECTIVE MUTISM
SUPPORT ADELAIDE**

helping every child
have a Voice



PROGRAMME DETAILS

- Run across 6x 50 minute sessions via zoom (dates below). The format is designed for all sessions to be attended. The group is limited to 6 attendees for a high therapist:parent ratio to maximise opportunity for personalised feedback.
- Cost - \$600 non-refundable upfront cost for the group programme of 6 sessions. Sessions cannot be purchased individually. Payment is required upon booking. This will be on a first come first served basis. Cancellations within 7 days prior to the event will incur the full fee. Group fees are reimburseable only for self-managed NDIS participants. They are NOT reimbursable with agency managed NDIS, medicare or private health funds. Plan managed participants must discuss with plan manager if reimbursement can occur.
- Content is targeted towards parents of kindy and primary aged children who have Selective Mutism (a formal diagnosis is not required to attend). Strategies can also be useful for older students.

DATES

Wednesday 20th November @ 10.30 - What is SM

Wednesday 4th December @ 10.30 - How to talk to my child and others about SM

Wednesday 18th December @10.30 - Everyday strategies for SM #1

Wednesday 29th January @10.30 - Everyday strategies for SM #2

Wednesday 12th February @10.30am - How to get started with a small steps programme

Wednesday 26th February @10.30am - Troubleshooting within a small steps programme